# "For what we are about to receive, may the Lord make us truly thankful"

#### WIFI: The Hungry Monk Customer - Letmein1

At busy times please be patient with our staff as our food is cooked freshly to order and may take a little longer than expected.

#### Allergens Disclaimer

The Hungry Monk makes the safety of our customers our highest priority and with this in mind we feel it is important for us to let all of our customers know our position on allergens in our kitchen.

If you suffer from any allergies or intolerances it is of the utmost importance you make your waiter or waitress aware at the point of ordering. Our team is fully allergen trained to ensure our customers safety, but our kitchen need to be made aware so we can take the necessary precautions while preparing your dishes.

The Hungry Monk operates a kitchen in which all allergens are present at all times and are in constant use. Furthermore we order our produce from factories which also deal with most if not all allergens. While we will make every effort to prevent cross-contamination in our kitchen through our use of colour-coded allergen equipment, high cleaning standards and rigorous staff training, we are unable to guarantee that any food item on our menu is FREE from any specific allergen.

If you would like to learn more about the ingredients in our meals, as well as known allergens, please don't hesitate to contact us via email at: Info@theHungrymonk.co.uk and a member of our management team will get back to you with all the information you need.

PLEASE NOTE: ON ENTERTAINMENT NIGHTS, WE REQUIRE EVERYONE TO HAVE A MAIN MEAL. THIS IS DUE TO THE ENTERTAINMENT BEING FREE OF CHARGE.

# LIGHT BITES

#### ONLY SERVED UNTIL 5PM

Home Made Soup With Doorstop Crusty Bread	$\pounds 6.50$
Add Doorstop Mature Cheese On Toast	£3.00
Welsh Rarebit On Doorstop Toast With Garnish(V)	£7.50
Add Bacon, Egg Or Red Onion Chutney	£1.50
Mature Cheddar Cheese On Doorstop Toast With Garnish (V)	£6.75
Jacket Spuds With Salad & Coleslaw	$\pounds 8.95$
Add Beans £1, Cheese £1, Ham £1, Tuna £1, Prawn Marie £2	
Omelettes 3 Eggs With Salad & Coleslaw	£7.75
Add Any Fillings For £1.25	
(Cheese, Ham, Onion, Tomato, Mushrooms) (V) (GF)	
2Sausage, 2Fried Egg, 2Bacon, Black Pudding, Beans and Chips	12.95

Butties and Wraps

Choose From White Bread, Granary Bread Or Wrap All Served With A Garnish	
Cheese, Home Cooked Ham & Real Ale Chutney	£7.95
Prawn Marie Rose Open Sandwich	£9.00
Grilled Goats Cheese & Red Onion Chutney(V)	£8.95
Tuna Mayo	£7.50
Roast Chicken & Stuffing	£7.95
Hoisin Duck With Cucumber & Mixed Leaf	$\pounds 8.95$
Steak & Caramelised Onion	£10.50
Add A Pot Of Gravy Or Peppercorn	$\pounds 2.50$
Finger Butty With Tartar Sauce	£7.95
Mixed Pepper, Hummus & Salad Wrap (VE)	$\pounds 6.95$

Garlie Bread Sandwich

Try Something New. A Garlic Bread Sandwich.	
All Served With A Garnish and some Waffle Fries	
Try One Of The Mouth Watering Fillings Below:	
Crispy Chicken Breast Topped With Garlic Butter	£10.50
Meatball Marinara Sauce & Cheese	£10.50
Steak Fajita Mix & Cheese	£12.50
Grilled Halloumi	£10.50

(Nice To Share

Chefs Warm Bread & Olive Oil With Balsamic Reduction & Aioli (V)£5.50Add Hummus and Red Pepper Hummus (v)£1.75Add Olives (V)£2.00Garlic Bread£4.00Garlic Bread With Cheese(V)£5.50Marinated Olives(VE)£3.95Baked Camembert(v)Served With Crusty Bread£9.50

hicken Nings -ried

Deep Fried Chicken Wings 6 Wings £7.50 12 Wings £11.75 16 Wings 14.95 Add Fries £3 Pick Your Flavour: Ranch Dressing BBQ Sauce Franks Buffalo Hot Sauce Salt & Pepper Sweet Chilli

Plain achos

Loaded Nachos Topped With Cheese Sauce , Salsa, Sour Cream, Guacamole & Jalapenos £7.95 Add Pulled Pork £3

fizza

Italian Hand Stretched Fresh Pizza Bases Margherita £12.50 Pepperoni £13.50 Ham & Pineapple £13.50 Hunter Chicken £14.50 Mighty Meaty £14.95 Veggie £13.50

Monks Chicken Caesar Served With Croutons, Anchovies & Parmesan Shavings £13.95 Rump Steak Salad £14.95 Grilled Halloumi Cheese £13.95

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Chunky Gourmet Chips(v)(gf)	£4.00
Skinny Skin on Fries(v)(gf)	£4.00
Sweet Potato Fries(v)(gf)	£4.50
Waffle Fries	£4.50
Cheesy Chilli Chips(v)(gf)	$\pounds 5.50$
Salt And Pepper Fries(v)(gf)	£4.50
Halloumi Fries With Chilli Mayo(v)	$\pounds 6.95$
Breaded Onion Rings(v)	$\pounds4.50$
Wild Leaf Mixed Salad(v)(gf)	£3.95
Side Of White Bread Or Nutty Brown And Butter(v)	£2.00

Joaded Fries Big Portions

STEAK FRIES 4OZ Sliced Rump Steak, Peppercorn Sauce	£14.95
With Fresh Chili & Spring Onion Garnish.	
MEXICAN FRIES Southern Fried Chicken Pieces, Chipotle Sauce, Garlic Mayo. Cheese, Jalapenos, Fresh Chilli & Spring Onion Garnish.	£12.95
LOUISIANA LOADED FRIES (HOT!) Southern Fried Chicken Pieces, Fries Topped With Franks Buffalo Sauce (HOT!) Cheese, Garlic Mayo, Jalapeños, Fresh C Spring Onion Garnish.	£12.95 Chilli &
SALT & CHILLI SHREDDED CHICKEN LOADED FRIES Shredded Chicken, Fries, Garlic Mayo, Cheese, Chinese Spice Mix, Fresh Chilli & Spring Onion Garnish.	£12.95
Loaded King Prawns Fries Cooked In Chilli Flakes with Garlic Butter £12.95	

Drizzled Over Fries, Fresh Chilli & Spring Onion Garnish

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Monks Grosers

3 Mixed Dishes For £21.50 Or 5 Mixed Dishes For £33.00 £7.50 Per Dish Mini Chorizo & Olive In Tomato Stew With Bread To Dunk Thai Chilli Beef With Rice And Garnish Shredded Duck With Hoisin Sauce & Pancakes Garlic Mushrooms With Sour Dough Hoisin Duck Spring Rolls In Sweet Soy Reduction Lamb Kofta, Pitta & Tzatziki Dip Sticky Baby Back Ribs(gf) Mini Steak & Chips With Peppercorn Sauce Memphis Dust Chicken Goujons with Garlic Mayo **Spicy Chicken Wings** Salt & Pepper Calamari & Sweet Chilli Dip Mini Fish & Chips With Tartar Sauce Pan Prawns & Pineapple Cooked In Garlic, Chilli And Lime(gf) Chilli & Mango Prawns With Sweet Chilli Dip Smoked Haddock & Salmon Fishcake With Cheddar Centre Deconstructed Pizza Bowl With Bread To Dunk Pigs In Yorkies (3 Chips, 2 Fat Pigs, Black Pudding Ball & Gravy)

From The Sea

Fish & Chunky Chips Served With Mushy Peas & Tartar Sauce £16.95 Add Chip Shop Curry Sauce £2

Breaded Wholetail Scampi Served With Chips, Salad & Tartar Sauce £16.50 Roasted Sea Bass With Sugar snaps, Peas & Tender Stem Broccoli & Creamy Scalloped Potatoes £20.95

Harissa & Garlic Cod Fillet With King Prawns,

And sugar snaps, Peas & Tender Stem Broccoli with Potato Rostie £20.95 Mussels Marinière & Fritz With Bread & Fries £17.95

Monks Hot Doys

Gourmet Hot Dog Served With Fried Onions, Fries & Coleslaw £12.95 Nacho Hot Dog Topped With Crushed Up Nachos, Cheese Sauce & Jalapenos £13.95

Lazy Dog Hotdog Topped With Pulled Pork & Cheese Served With Fries & Coleslaw£14.95

All Meals Can Upgrade To:

Waffle Fries - Sweet Potato Fries - Salt and Pepper Fries £1.50

Monks Smashed Burgers from Around The World

All Burgers Served With Fries & Coleslaw Monks Burger Topped With Mature Cheese & Onion Rings £14.95

Irish Burger, Monks Burger Topped With Black Pudding & Peppercorn Sauce

£15.95

The Welsh Burger, Monks Burger Topped With Welsh Rarebit & Onion Rings

£15.95

Weirdo Monks Beef Burger With Crispy Salt & Pepper Chicken Topped With Mature Cheese & Onion Rings

£16.95

Crispy Chicken Burger Topped With Cheese, Bacon & Onion Rings £14.95

Moroccan Lamb Burger Served With Tzatziki Dip & Onion Rings £15.95

Bangkok Bad Boy Veggie Burger Chick Pea, Sweetcorn, Red Pepper, Carrot & Soya Bean Patty In Red Lentil, Cumin & Black Onion Seed

Crumb. Topped With Cheese

& Onion Rings

£13.95

Italian Pizza Burger

Monks Burger Topped With Mature Cheese & Onion Rings With A Pizza Lid Of Tomato Sauce, Pepperoni & Cheese

£14.95

Yorkshire Pudding Burger

Monks Burger With Sausage, Bacon, Stuffing, Topped With Onion Rings. Served With A Pot Of Gravy, On A Yorkshire Pudding Bun £16.95

Add Extra Burger Patty £3.50 / Add BBQ Pulled Pork £3.00 / Add Smokey Streaky Bacon £2.00 / Upgrade Fries -Waffle Fries - Sweet Potato - Salt and Pepper £1.50

-Monks Classics

Hunters Chicken In Our Homemade BBQ Sauce Served With Chunky Chips & Side Salad(gf) £15.95 Monks House Curry Served With A Flatbread And A Choice Of Rice, Chips Or Half And Half, Vegetable (v) £15.50 - Chicken £16.50 - King Prawn-£16.50 Monks House Stroganoff Served With A Flatbread And A Choice Of Rice, Chips Or Half And Half, Mushroom (v) £15.95 - Chicken £16.95 - Rump Steak £18.95 Steak And Ale Pie Wedge Served With Vegetables, Gravy And A Choice Of Mash Or Chips £16.95 Lambs Liver, Bacon & Black Pudding On A Bed Of Mash With Onion Gravy & vegetables £14.95 Chicken Breast And Black Pudding Stack In Peppercorn Sauce Served With Vegetables & Potato Rosti £16.95 Slow Roasted Lamb Shank On A Bed Of Mash Served With Vegetables & Red Wine Gravy £18.95 Until 5pm Breakfast Sausage, Fried Egg, Bacon, Black Pudding, Beans and Chips £12.95

Ramen

S Ramen Noodles Submerged In A Rich Tasty Broth, Egg & Garnish Pork £14.95 Chicken 14.95 Steak 15.95 Kind Prawns £14.95

Spaghetti and Jasagne

Lasagne Served With Side Salad and Garlic Bread £15.95 Spaghetti Bolognese £14.95 Milanese Breast Of Chicken Coated In Crispy Bread Crumbs & Served With Spaghetti In Tomato Sauce £15.95 Monks Style Spaghetti Carbonara Parmesan, Bacon, Onion In Creamy Garlic Sauce £14.95 - Add Chicken £3



(Monks Meat

Large Gammon Steak Served With Pineapple, 2 Eggs, Chips & Side Salad(GF£16.95 Add Melted Cheese (Viking Gammon)£2.00 Full Rack Of BBQ Ribs Served With Fries & Coleslaw£21.95 As Above With Half Rack£16.95

Swinging Skewers

All Skewers Come With A Choice Of Sauce (Garlic Butter, Bourbon BBQ, Blue Cheese Or Peppercorn), House Salad, Flatbread & A Choice Of Chunky Chips, Skinny Fries, Dauphinoise Or Rice.

Chicken £17.95 ---Rump Steak £19.95 ----Halloumi £15.95

All our Steaks are Signature 28 Day Hung And Matured Steaks Come With A Garnish Step 1: Pick Your Steak

Huge T-Bone £28.95 Huge Ribeye On The Bone £27.95 80z Rump £13.95 8 oz Ribeye £15.95 80z Sirloin £14.95

## Step 2: Pick Your Carb

Fries £ 2 / Chips £2 /Waffle Fries 3.50 Dauphinoise Potatoes £3.00 / Jacket Potato £3.00Mash Potato £2.50

## Step 3: Pick Your Sauce

Peppercorn £ 2.00 Garlic Butter £ 2.50 Blue Cheese £ 2.50 Diane £ 2.50 BBQ £ 2.50

# Step 4 Pick Your Veggies

Side of Greens £ 2.50 Chantenay Honey Carrots £ 2. Corn On The Cob £ 2. Creamy Garlic Mushrooms £ 2.95 Onion Rings £ 2.95 Side Salad £2.95 Add a Bit More

Garlic King Prawns £ 6.95 Scampi £ 6.95 Ribs £ 7.50

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Vegan Or Veggie

Vegetable Lasagne Verdi Served with side Salad & Garlic Bread (v) £14.95

Brie and Beetroot Tart With An Apple & Beetroot Compote With Salad(v)

£14.95

Vegan Penang Curry (ve)

A fiery Aromatic Coconut Sauce With a variety of vegetable's. Served With Rice Or Chips.

14.95

Vegan Meatballs Plant Based Served With Spaghetti In Tomato Sauce

(ve) 14.95

Portobello Mushroom Topped With Welsh Rarebit (v) With Sweet Potato Fries & Salad

£14.95

£8.50 Chocolate Brownie (gf) Sticky Toffee Pudding (gf) Cheesecake Of the Day Crumble Of The Day All Above Served With either Ice Cream, Custard Or Cream White Chocolate Cookie Dough served with a Happy Hippo, White Chocolate Sauce & Ice Cream Cinnamon Sugar-Coated Churros Churros are a type of doughnut, a favourite along the Mexican border, served with a silky chocolate dip.

£8.95 NUTELLA CADBURY CRUNCHIE SUNDAE

GALAXY CARAMEL BROWNIE SUNDAE

**REECE'S NUTELLA SUNDAE** 

KINDER SUNDAE

WHITE CHOCOLATE HEAVEN SUNDAE

MALTEASER SUNDAE Liqueur Coffee's £7.95

For The Little Ones

All With The Portion Of Beans Or Peas Fish Fingers & Fries £7.50 Chicken Nuggets & Fries £7.50 Sausage & Fries £7.50 Mini Meatballs In A Tomato Sauce & Fries £7.50 Spaghetti Bolognese £7.50

### Hot Drinks

Americano (Available In Decaf) £ 3.50 Latte (Available In Decaf) £4.00 Cappuccino (Available In Decaf) £4.00 Flat White (Available In Decaf) £3.75 Espresso (Available In Decaf) £2.50 Mocha (Available In Decaf) £4.00 Hot Chocolate £4.00 Hot Chocolate Supreme £4.95 Add A Syrup (Vanilla, Caramel, Hazelnut, Cinnamon) 50p Tea (Available In Decaf) £3.00 Herbal Tea £3.50 Peppermint Camomile Lemongrass & Ginger Red Berry & Flower Green Tea Earl Grey Liqueur Coffee £7.95 **Baileys** Irish Whiskey Tia Maria Brandy Cointreau

House Red - San Andres - Merlot - Chile. An elegant well-structured Merlot with Aromas of chocolate, cherry and mocha. Soft, generous fruit flavour of ripe cherry and plum.

House Red Scenic Ridge Shiraz Australia. Rich, ripe plum and raspberry fruit flavours. Together with soft oak characters and a hint of spice.

Jack Rabbit Malbec - Argentinian. Opulent Plum and Blackberry flavours rounded with a hint Of cocoa and vanilla.

Via Alta - Merlot - Chile. This wine is packed full of flavour of ripe blackberry and plum aromas with delicate hints of spice and crushed black pepper.

Healy and Gray - Cabernet Sauvignon - Chile. A wine with rich character and mouth filling ripe plum and cherry fruit flavours.

Cape Dream - Pinotage - South Africa. An intense red wine, warm, rich and spicy.

Richland Black - Shiraz -Australia. Sensational, smooth and strong characters. Ripe blackberry and black cherry flavours with vanilla

Faustino Rivero Crianza - Rioja -Spain This wine has matured in American oak casks for 12-14 months and has a spicy aroma with moderate tanning on the palate.

Terrazas - Malbec - Argentina. Floral character with aromas of violets laced with red and black fruit notes and subtle hints of chocolate, delicate toasty notes and aromas of tobacco from well-integrated oak 175ml 250ml Bottle £6.50 £7.00 £19.95

£6.50 £7.00 £19.95

£6.75 £7.50 £20.95

N/A N/A £20.95

£6.75 £7.50 £20.95

N/A N/A £21.95

N/A N/A £21.95

N/A N/A £23.95

N/A N/A £27.95

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House White Scenic Ridge Pinot Grigio Australia. Dry & refreshing Pinot Grigio with notes of stone fruits complemented by lemon and grapefruit bursts.

House White Scenic Ridge Chardonnay - Australia. Tropical stone fruit flavours and a delicate hint of peach and melon, complemented with vanilla and soft oak.

House White San Andres Sauvignon Blanc Chile. Crisp and lively with zesty fruit aromas. Glorious fruit flavours of fresh lime, lemon & gooseberry.

Cape Dream Chenin Blanc South Africa. A dry and fresh succulent wine with stone fruit flavours and a hint of tropical richness

Waddling Duck Sauvignon Blanc New Zealand. Youthful and very approachable with a nose of intense fresh gooseberry. The palate is dry and full of white peach and passion fruit flavours.

jose Mines

House Rosé Highbridge - Zinfandel - California. Juicy and refreshing flavours of ripe strawberry and luscious watermelon combined with a delicate sweetness crisp acidity.

White Rose - Zinfandel - California. This delicious Zinfandel a ripe strawberry and raspberry fruit aromas. Very moreish!

Previata Blush Pinot Grigio Delle Venezie Italy. Fruity and refreshing with flavours of apricot, peach and strawberries.

Prosecco Vino Spumante Italy. This elegant Prosecco Spumante has delicate lemon fruit notes and a refreshing lively style. Made in the North East of Italy

Vino Spumante Prosecco Rosé A refreshing Prosecco Rosé with delicious notes of citrus, rose and strawberry. 175ml 250ml Bottle £6.50 £7.00 £19.95

£6.50 £7.00 £19.95

£6.50 £7.00 £19.95

£20.95

£7.00 £8.50 £23.95

175ml 250ml Bottle £6.50 £7.00 £19.95

£6.75 £7.50 £21.95

£6.50 £7.00 £19.95

N/A £8.50 £23.95

N/A N/A £23.95

( pcktails

Cocktails... £8.50 each £22 for a Jug. £24.50 for a Jug Long Island.

Lynchburg Lemonade. Bourbon. Cointreau, Lemonade

Gin & Jam. Strawberry Gin Strawberry Jam, Fresh Squeeze Lemon, Lemonade

Jungle Run. White Rum, Spiced Rum, Passion Fruit Puree And Pineapple Juice

Strawberry Daiquiri. White Rum, Sugar, Strawberry Puree and Lime Juice

Woo Woo. Vodka, Peach Schnapps and Cranberry

Mojito. White Rum, Sugar, Fresh lime, Fresh Mint and Soda

Adults Apple Juice. Apple Jim Beam, Amaretto, Apple Juice and Lemonade

Sangria. Red Wine, Cointreau, Brandy. Orange juice, Lemonade Loaded With Fruit

Long Island Ice Tea £10 Vodka, Gin. Tequila, Rum, Triple Sec & Coke

Long Island Ice Tea Twist £10 Citron Vodka, Raspberry Gin, Passion Fruit Liqueur, Tequila, Triple Sec & Lemonade

Berrijito (Mojito Twist) Raspberry Vodka, Strawberry Puree, Mint, Lime , Lemonade and a Strawberry Sweet to top.

Sweet Shop Citron Vodka, Raspberry Gin, Sugar, Lemonade and Flying Saucers to top.

#### Speciality cocktails £9.95 or 2 for £19

Pornstar Martini Passoa, Vodka, Pineapple, Passion Fruit Puree, Vanilla Syrup

Espresso Martini Espresso, Vodka, Tia Maria, Caramel Syrup

> Lemon Drop Citron Vodka, Triple Sec, Lemonade, Lemon Juice, Lemon Sugar Rim

Refresher Raspberry Vodka, Triple Sec, Chambord, Lemon Juice, Sugar Syrup, Ginger Ale

> Shots and Bombs £4.50 or 2 for £8 BABY GUNIESS Tia Maria & Baileys

> > JAMMY DODGER Chambord & Baileys

CHOCOLATE ORANGE Tia Maria & Cointreau

CUPCAKE Chambord, Tequila Rose, Cream

> MINI SUNRISE Tequila, Orange & Grenadine

PASSIONFRUIT BOMB Passionfruit Liqueur & Prosecco

> BERRY BOMB Raspberry Vodka, & Fizzy Strawberry Juice

COCO BOMB Coconut Malibu, Pineapple & Lemonade

> SKITTLE BOMB Cointreau & Energy Drink

Beers Ciders & Soft Drinks

On Draught

Carling Pint ABV 3.7% £4.70 Dortmunder (German) ABV 4% £ 5.70 Estrella Pint (Spanish ) ABV 4.6% £5.70 Goose Island IPA (USA) ABV 5.9% £6.25 Blue Moon Pint (USA ) ABV 5.4% £6.00 served with a slice of orange Guinness Pint (Ireland ) ABV 4.2% £4.80 Worthington's Bitter ABV 4% £4.60 Leffe (Belgian) ABV 6.6% £6.50 South West Orchard Cider ABV 5% £4.80

Bottled Beers Corona £4.50 Budweiser £4.50 Desperados £4.50 Peroni £4.50 Birra Moretti £4.50 Alcohol Free Erdinger £4.50

Black Sheep Bitter £5.50 Hobgoblin Bitter Gold £5.50 Bishops Finger £5.50 Old Peculiar £5.50 Erdinger Weissbier £5.50 Erdinger Dunkel Weissbier. £5.50 Bacchus Kriek Cherry Beer £6.00 Becks Blue £4.00

Bottled Cider Kopparberg Mixed Fruit £5.50 Kopparberg Strawberry & Lime £5.50 Kopparberg Pear £5.50 Old Mout Kiwi & Lime £5.50 Old Mout Cherries and Berries £5.50 Crabbies Alcoholic Ginger Beer £5.50 WKD Blue £4.50

Soft Drinks Pint of Coke/Diet/Lemonade £4.20 Half Pint Coke/Diet/Lemonade £3.20 Glass Of Soda 80p Cordial and Soda £2.20 Pint of Cordial and soda £3.20 J20 Apple & Mango £3.50 J20 Apple & Raspberry £3.50 J20 Orange & Passion Fruit £3.50 Appetiser £3.50 Fanta £3.50 Bottle Of Coke £3.50 Bottle Of Coke Zero £3.50 Bottle Of Diet Coke. £3.50 Fruit Shoot £2.50 Ginger Ale £2.50 Fetimans Traditional Lemonade £3.95 Ginger beer Rose lemonade Victorian Lemonade **Dandelion & Burdock** Elderflower Fruit Juice Apple/Cranberry/Orange £2.80 Pint Of Fruit Juice £3.90 Apple/Cranberry/Orange/Pineapple Glass of Milk £2.00 Milkshake £4.50 Strawberry/Chocolate/Banana (Topped With Whipped Cream, Marshmallows & Flake) Tonic & Slim Lime Tonic £2.20 Fever Tree Light £2.50 Fever Tree Mediterranean £2.50 Bottle Of Still Water £3.00 Bottle Of Sparkling Water £3.00

(2 FOR £8 ON ALL £4.50 BOTTLES / 2 FOR £10 ON ALL £5.50 BOTTLES)